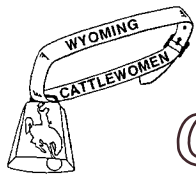
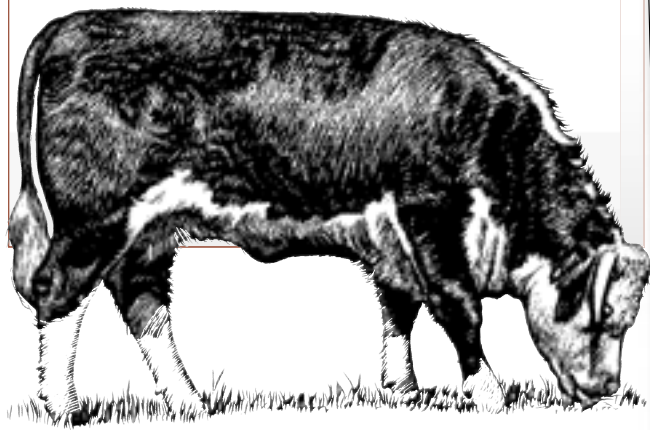


News



The Newsletter of the
**Wyoming
CattleWomen**



Get to know your Committee Chairs

Leslie Hendry
Beef Gift Certificate Bookkeeper

I was raised on a sheep ranch in central Wyoming. My education includes graduating from Natrona County High School in Casper and the University of Wyoming in Laramie where I received a B.A. in Mathematics. I married Robert L. Hendry and moved to his family's ranch, Clear Creek Cattle Co. We raise black and black-baldy Angus cows and breed them to Charlois bulls. We have two boys — J.W is in his third year at Central Wyoming College in Riverton and Jarrod is a 10th grader at Shoshoni High School.

I belong to a number of agricultural organizations and have served on numerous committees and held many offices. I have been President of Natrona Co. CowBelles, WY CattleWomen and WY Agriculture in the Classroom. I have been chairman of the Casper Ag Expo since 1992. I am finishing my fourth year as Region V Director for the American National CattleWomen. I am a 2005 L.E.A.D. Class VIII graduate. I have been the Beef Gift Certificate Bookkeeper since 1994.

Gay Rogers
Legislative Chair

Jim and I own Brown's Creek Angus Ranch 18 miles northwest of Laramie on the Little Laramie River. We moved to Laramie 10 years ago from Pinedale. We have a daughter, who with her family, lives in Pinedale. Our son also lives and works in Pinedale, along with his family. We both have brothers and sisters in the Pinedale area along with Jim's father. My father lives in Rock Springs.

We run a cow/calf operation along with a Heifer Development Program that we started five years ago. I have been the Wyoming Cattlewomen's State Legislative Chair for the past five years. I am active in our church and our local Cow-belle's association, I support my husband, Jim, in all the activities he is involved with. He is presently serves the county zoning board, Wyoming Stock Growers Association and Wyoming Beef Council, meanwhile keeping up with him is a full time job.

I enjoy my position with the Wyoming Cattlewomen as State Legislative Chair. Thank you for this opportunity.

See **CHAIRS** on page 4

WYOMING CATTLEWOMEN President's Message



Hello CattleWomen and CowBelles,

I would encourage you to attend the Wyoming Stock Growers, Wyoming CattleWomen, Wyoming Wool Growers and Wyoming Wool Growers Auxiliary joint winter convention at the Parkway Plaza in Casper, Dec. 4-7. We will be holding our Wyoming CattleWomen business meeting on Monday, December 5th, starting with a noon luncheon followed by our meeting at about 1:30 p.m. This is a change from our regular format and will allow us to support our counterpart, Wyoming Wool Growers Auxiliary, by attending the Make-It-With-Wool style show during this lunch. We hope you will agree and plan to attend. You will find a registration form in this publication. Please reply by Nov. 28 as the Parkway needs to know how many to plan for. (I'm sure they don't know how ranch and farm women can, on short notice, plan to

feed from 4 to 40!) See you December 5th.

Wyoming Stock Growers Association encourages attendance at their presentations, committee and business meetings. They would like to see an active role by Wyoming CattleWomen in these events. This is an excellent opportunity to build cooperation and a relationship with Wyoming Stock Growers.

By the time you read this, the National Beef Ambassador contest will be over and I am confident our candidate represented Wyoming well. We had a large Wyoming CattleWomen delegation attending, which speaks to the interest in our state.

Many national situations are ongoing — COOL, animal I.D. and the Japanese beef ban — to name a few. Keep yourself informed and speak out for the beef industry.

What a wonderful treat I had this past month. Oct. 25 I made a President's visit to the combined Weston and Crook County groups. They are such active, energetic and friendly women. The food was a delicious potluck hosted by Crook County CattleWomen. We need these short breaks to exchange ideas, renew friendships and rejuvenate ourselves. Too often there is little space in our busy schedules for "me" time.

I was then off to Wheatland to meet with the Laramie Peak CattleWomen. Another delicious meal — CattleWomen are great cooks! It was such a pleasure to see and visit with several young members. We even had babies in attendance! They are such an outgoing and welcoming group, I felt right at home. I would be happy to visit any of your county organizations, just ask.

Good people are hard at work making the Region V meeting in April 2006 a real success. Wyoming will host this event. Details and an agenda will follow soon with information available at the Dec. 5 meeting.

I'll save a few more items of interest for our Casper get-together.

Meanwhile, take care of one another, serve a wonderful prime rib for Thanksgiving dinner, always promote our BEEF industry and above all, let us give thanks for our many blessings.

See you in Casper.
Jeanette

P.S. Please consider bringing your county's brand afghans or other products to our upcoming meeting. We won't have a booth at convention, but it will be a great chance to share your products and maybe sell a few!

Amy Berry brings home honorable mention at the 2006 National Beef Ambassador Competition

Wyoming had a strong showing, yet again at the 2006 National Beef Ambassador competition held Nov. 3-5, 2005 in Austin, Texas. Twenty-four contestants vied for the top five positions with our very own Wyoming contestant, Amy Berry, placing Honorable Mention. Amy will travel with the top five beef ambassadors as a spokesperson for our industry. She will be able to attend functions such as the New York State Fair, Pennsylvania Farm Show and the World Ag Expo just to name a few. Wyoming CattleWomen congratulate Amy on such a fine job. We're very proud of her and know she'll do a wonderful job as an ambassador.

Wyomingites traveling to Austin to attend the NBAP were Amy Berry, Jay and Janice Berry, Sally Smith, Bobi Lentz, Catherine Kukowski, Leslie Hendry, Lindsay Galey, Riki Davidson, Wendy Harding, Laura Nelson, Kim Nelson and Lisa Heinert.



Amy Berry poses outside the awards dinner at the National Beef Ambassador's Competition



Left to right: Janice Berry, Sally Smith, Bobi Lentz, Wendy Harding, Riki Davidson, Amy Berry, Leslie Hendry, Jay Berry, Catherine Kukowski, Lindsay Galey, Laura Nelson, Lisa Heinert and Kim Nelson.



Wyoming Contingents at the National Beef Ambassador's Competition (l to r) Sally Smith, Riki Davidson, Bobi Lentz, Wendy Harding, Leslie Hendry, Catherine Kukowski, Lindsay Galey.

Wyoming CattleWomen, Inc.
4408 Rd 232
Meriden, WY 82081

Visit us on the Web at:

www.wyocattlewomen.org

WYOMING News

& WCW Committee Reports

Beef Gift Certificate Holiday Promotion Committee *by Wendy Harding*

Exciting News for the Beef Gift Certificate Program!!!

The Wyoming CowBelles Beef Gift Certificate Program began February 14, 1977 in cooperation with the Wyoming Beef Council and Wybanco, N.A. (formerly Wyoming Bancorp). Sales of the new beef gift certificates started through area banks in June of 1977. The gift certificates were like a cashier's check and sold in any amount filled in by the bank teller. Sales for the first year totaled \$15,668.50.

Fast-forward to 2004 — twenty-seven years later — and the Wyoming CattleWomen Beef Gift Certificate Program has grown by leaps and bounds. In 1994 the certificates were redesigned and sold in denominations of \$5, \$10 and \$25 with the \$1, \$2, and \$20 certificates added over the next few years. From July 1, 2004 through June 30, 2005, total sales of the beef gift

certificates were \$106,120. Our all time high was hit in 2002-2003 at \$114,921.

What is so exciting about the Beef Gift Certificate Program today? We are now working with CardEx and have created a new \$25 BEEF GiftCard that is sponsored through Visa. The new Beef GiftCard will be available for December 2005 holiday gift giving at all 122 banks that handle the beef gift certificate program. Needless to say, we are very excited about the new \$25 card that will be redeemable worldwide where Visa is used. The piece below offers a look at the new GiftCard.

If you have any questions about the new BEEF GiftCard, please call Leslie Hendry at 307-876-2778 or Wendy Harding at 307-246-3462. We hope you'll be as excited about the new program as we are. The new GiftCards will be in area banks December 1, 2005.

Education & Promotion Committee *by Judy West*

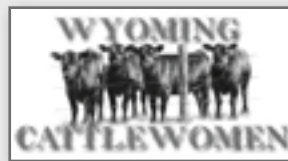
I hope you are all making plans for your education and promotion projects for the year. Several Ag Expos have already been staged in Natrona, Laramie, Weston, Crook and Goshen counties. I'm sure they were all very successful and we look forward to articles and pictures in Beef It News. For those of you that have Ag Expos and other events in the spring, please contact me for your "Just BeCows its Fun" booklets and Ag Bags. I plan to have both at the December meeting in Casper. If you can't be there please contact me at least two weeks before your event so I can get them shipped to you in time.

By the time you receive your copy of "Beef It News" the National Beef Ambassador contest will have been decided. We have great expectations for

Wyoming's representative, Amy Berry. She does a fantastic job.

This year ANCW is videoing the contest and recording it on DVDs. We hope the quality will be much better than past year's video tapes. The DVDs should be available by the middle of November. If you would like a DVD of the contest for promotional purposes, please place an order with me or Wendy Harding. We really need to keep the winning tradition going, so meet with your FFA and 4-H leaders and encourage them to promote the contest. We will have complete updated rules for our state contest as well as the national contest to send to you along with the DVDs.

Hope to see you in Casper during mid winter convention Dec. 4-7.



Thank You for your continued support of the Wyoming CattleWomen and your local chapters!

Looking for that perfect gift?

BUY Wyoming CattleWomen's New

\$25 BEEF GiftCard



Available in these area banks

First National Bank	PO Box 1620 314 S. Washington Str	Basin, WY	82410
Security State Bank	PO Box 531 201 South 4th	Big Piney, WY	83113
Bank of the West	PO Box 428 440 Budd Avenue	Afton, WY	83110
First Interstate Bank	PO Box 430 40 West Hart	Buffalo, WY	82834
The First National Bank	PO Box 400 141 South Main	Buffalo, WY	82834
Wyoming Bank & Trust	PO Box 950 99 South Main	Buffalo, WY	82834
Bank of the West	PO Box 2540 300 South Wolcott	Casper, WY	82602
First Interstate Bank	PO Box 40 104 South Wolcott	Casper, WY	82602
First Interstate Bank - East Branch	521 SE Wyoming Boulevard	Casper, WY	82609
Hilltop National Bank	PO Box 2680 300 Country Club Rd	Casper, WY	82602
American National Bank	PO Box 1528 20th & Capitol Ave	Cheyenne, WY	82003
Bank of the West	PO Box 5899 2200 East Lincolnway	Cheyenne, WY	82003
Bank of the West	PO Box 1227 18th & Carey Avenue	Cheyenne, WY	82003
Bank of the West	PO Box 19059 1515 Del Range Blvd	Cheyenne, WY	82003
First Interstate Bank	PO Box 1710 1814 Pioneer Avenue	Cheyenne, WY	82003
First National Bank of Wyoming	PO Box 728 21st & Warren Avenue	Cheyenne, WY	82001
Wells Fargo	PO Box 1768 1701 Capitol Avenue	Cheyenne, WY	82003
Oregon Trail Bank	302 2nd Street	Chugwater, WY	82210
Big Horn Federal Savings Bank	1701 Stampede Ave.	Cody, WY	82414
Bank of the West	1130 Sheridan Avenue	Cody, WY	82414
First National Bank & Trust	PO Box 907	Cody, WY	82435
Pinnacle Bank	Po Box 218	Cody, WY	82414
Shoshone First Bank	PO Box 1330 1291 Sheridan Avenue	Cody, WY	82414
Bank of the West	PO Box 1307 240 South 4th Street	Douglas, WY	82633
Converse County Bank	PO Drawer 689 322 Walnut Street	Douglas, WY	82633
First National Bank	PO Box 1570 1632 East Richards	Douglas, WY	82633
The Bank of Jackson Hole	PO Box 1545	Dubois, WY	82513
Wells Fargo	PO Box 368 502 West Ramshorn	Dubois, WY	82513
Bank of the West	PO Box 610 849 Front Street	Evanston, WY	82931
First National Bank of Evanston	PO Box 6003 1001 Main Street	Evanston, WY	82931
Wells Fargo	724 Front Street	Evanston, WY	82931
Central Bank & Trust	14615 Highway 287	Ft. Washakie, WY	82514
Campco Federal Credit Union	PO Box 3169	Gillette, WY	82717
Bank of the West	PO Box 1570 800 East 7th Street	Gillette, WY	82717
First Interstate Bank	PO Box 3004 2201 S. Douglas Hwy	Gillette, WY	82716
First Interstate Bank	PO Box 3004 222 South Gillette Ave	Gillette, WY	82716
First National Bank	PO Box 3002 319 S. Gillette Ave	Gillette, WY	82716
Bank of the West	PO Box 1660 10 Shoshone	Green River, WY	82935
Oregon Trail Bank	PO Box 219 WY at Whalen	Guernsey, WY	82214
Rawlins National Bank	PO Box 10 403 Sough Adams	Gillette, WY	82717
Hulett National Bank	PO Box 98 133 Main Street	Hanna, WY	82327
Bank of Jackson Hole	PO Box 7000 990 West Broadway	Hulett, WY	82720
Bank of the West	PO Box 528 120 West Pearl	Jackson, WY	83001
First Interstate Bank	PO Box 11095 842 West Broadway	Jackson, WY	83001
First Interstate Albertsons Branch	105 Buffalo Way	Jackson, WY	83001
Jackson State Bank	PO Box 1788 112 Center Street	Jackson, WY	83001
Bank of the West	801 Pine Street	Kemmerer, WY	83101
First National Bank	716 Pine Avenue	Kemmerer, WY	83101
Central Bank & Trust	PO Box 70 285 Main Street	Lander, WY	82520
Bank of the West	303 Main	Lander, WY	82520
First Interstate Bank	8118 Highway 789	Lander, WY	82520
Wyoming National Bank	309 Main Street	Lander, WY	82520
Bank of the West	PO Box 160 222 Garfield	Laramie, WY	82070
First Interstate Bank	PO Box 1307 221 Ivanson	Laramie, WY	82073
First Interstate Bank West Branch	PO Box 1307 1771 Snowy Range	Laramie, WY	82073
First National Bank	PO Box 490 2020 Grand Avenue	Laramie, WY	82070
Security First Bank	PO Box 947 608 Grand Avenue	Laramie, WY	82070
American National Bank	PO Box 1027 2835 Grand Avenue	Laramie, WY	82070
First National Bank	PO Box 555 3rd & Main	Lingle, WY	82223

First National Bank & Trust	PO Box 907 Powell, WY	Lovell, WY	82435
Bank of the West	PO Box 1236 231 South Main St.	Lusk, WY	82225
Lusk State Bank	PO Box 1400 415 South Main St.	Lusk, WY	82225
Wells Fargo	PO Box 970 111 West Owen	Lyman, WY	82937
Bank of the West	PO Box 8 1026 Park Avenue	Meeteetse, WY	82433
Pinnacle Bank	PO Box 100 109 East Weston	Moorcroft, WY	82721
First National Bank	PO Box 190 900 North Highway 414	Mt. View, WY	82939
First State Bank	PO Box 910 24 North Sumner Ave	Newcastle, WY	82701
Pinnacle Bank	PO Box 460 204 West Main	Newcastle, WY	82701
First National Bank	PO Box 840 205 West 2nd	Pine Bluffs, WY	82082
Bank of Pinedale	PO Box 1510 221 East Pine Street	Pinedale, WY	82941
First National Bank	PO Box 519 61 East Pine Street	Pinedale, WY	82941
Bank of the West	105 East Second	Powell, WY	82435
First National Bank & Trust	PO Box 907 245 East First	Powell, WY	82435
Cowboy State Bank	PO Box 789 515 Dayton Street	Ranchester, WY	82839
Bank of Commerce	PO Box 50 3rd & Buffalo	Rawlins, WY	82301
Bank of the West	PO Box 130 Fourth & Buffalo	Rawlins, WY	82301
Rawlins National Bank	PO Box 100 220 5th Street	Rawlins, WY	82301
Central Bank & Trust	PO Box 393 220 North Federal	Riverton, WY	82501
Bank of the West	PO Box BA 123 East Main Blvd	Riverton, WY	82501
First Interstate Bank	PO Box 233 323 East Main	Riverton, WY	82501
Wells Fargo	PO Drawer BE 616 N. Fed. Blvd	Riverton, WY	82501
Wyoming National Bank	PO Box 1250 1700 N. Fed. Blvd	Riverton, WY	82501
Wyoming National Bank Branch	304 E. Main Street	Riverton, WY	82501
American National Bank	2515 Foothill Boulevard	Rock Springs, WY	82901
Bank of the West	PO Box 940 200 North Center St.	Rock Springs, WY	82901
Rock Springs National Bank	1987 Dewar Drive	Rock Springs, WY	82902
Rock Springs National Bank	PO Box 880 333 Broadway	Rock Springs, WY	82902
Bank of the West	PO Box 1650 302 North 1st	Saratoga, WY	82331
Rawlins National Bank	PO Box 1290 209 1st Street	Saratoga, WY	82331
Bank of Sheridan	1375 Sugarland Drive	Sheridan, WY	82801
Cowboy State Bank-Sheridan	951 Coffeen Avenue	Sheridan, WY	82801
Bank of the West	PO Box 9000 2 North Main	Sheridan, WY	82801
First Federal Savings Bank	PO Box 6007 46 West Brundage	Sheridan, WY	82801
First Interstate Bank	PO Box 2007 4 South Main	Sheridan, WY	82801
First Interstate Bank	PO Box 6499 1613 Coffeen Avenue	Sheridan, WY	82801
US Bank	PO Box 6497 203 South Main	Sheridan, WY	82801
Sheridan State Bank	PO Box 6268 Albertson's Branch	Sheridan, WY	82801
Sheridan State Bank	PO Box 6268 29 North Gould Street	Sheridan, WY	82801
The Bank of Sheridan	1375 Sugarland Drive	Sheridan, WY	82801
Sundance State Bank	PO Box 950 North 2nd & Main	Sundance, WY	82729
Ten Sleep National Bank	PO Box 27 205 2nd Street	Ten Sleep, WY	82442
First State Bank	PO Box 1232 435 Arapahoe	Thermopolis, WY	82443
Pinnacle Bank	PO Box 1369 125 South 5th	Thermopolis, WY	82443
Platte Valley National Bank	PO Box 790 1401 East M Street	Torrington, WY	82240
Wells Fargo	PO Box 1093 2126 East A Street	Torrington, WY	82240
Big Horn Federal Savings Bank	PO Box 730 2120 Main Street	Torrington, WY	82240
Bank of the West	PO Box 1098 1410 Valley Hwy 26	Torrington, WY	82240
First National Bank	PO Box 760 2000 Main Street	Torrington, WY	82240
First State Bank	2034 West B	Torrington, WY	82240
Pinnacle Bank	PO Box 560 612 Pine	Upton, WY	82730
US Bank	PO Box 908 611 9th Street	Wheatland, WY	82201
Union State Bank	PO Box 840 1905 16th Street	Wheatland, WY	82201
Bank of the West	PO Box 337 957 Maple	Wheatland, WY	82201
First State Bank	PO Box 669 872 Gilchrist Street	Wheatland, WY	82201
Platte Valley National Bank	PO Box 1239 1006 Big Horn Avenue	Worland, WY	82401
Wells Fargo	PO Box 759 120 North 7th Street	Worland, WY	82401
Big Horn Federal Savings Bank	PO Box 789 644 Big Horn Avenue	Worland, WY	82401
Bank of the West	320 N. 10th	Worland, WY	82401
Pinnacle Bank	PO Box 790 700 Big Horn Avenue	Worland, WY	82401
Security State Bank	PO Box 227 100 South 15th	Worland, WY	82401
Stockgrowers State Bank	PO Box 360	Wright, WY	82732
US Bank			
Campco Federal Credit Union			

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throughout the United States
or anywhere VISA is accepted.

Legislative Report Committee by Gay Rogers

Who are Wyoming Cattlewomen and why are they important to the Wyoming State Legislature?

Wyoming CattleWomen is a group of dedicated individuals who believe in the livestock industry and believe also that the beef industry is of basic importance to world existence.

From this statement we can see the reason why Wyoming CattleWomen is a valuable asset to the cattle and agricultural industry for the State of Wyoming and the state legislature.

Many of you will say, "But I am only one person and have only one vote." That is true, but the most important part of that statement is, "I have only one vote." The power of one is extremely important because it just may be your single vote that makes the deciding call.

Nine Reasons For Calling trees:

- Calling trees can be very effective (they represent the grassroots)
- Time is often critical. Effective calling trees must be able to be activated on very short notice and must be reliable.
- They should be used sparingly
- Legislators can be difficult to reach, but a concise personal email message can be an effective alternative.
- Calls should be targeted to those legislators who may be influenced
- Match callers with legislators in their own district, community or county.
- Callers need to be prepared to give 2-3 concise factual statements in support of their positions. Avoid untrue statements or exaggerations.

- If the legislator declines to offer support for the issue, do not pressure them or belittle their position. Respect is paramount.
- Effective calling trees need a structured feed-back process so that the organization leaders know which legislators were contacted and what their reactions were.

Three easy steps to set up calling trees for your individual group.

Select one key person who will be responsible for communicating with the state legislative chairperson

She will also be communicating with her callers in the local area

The callers (calling tree) will report back to the key person of your group (note #9 above)

Most of you probably have access to an internet connection; either at home, work or the public library. If you are unsure of what bills are being introduced to the state legislature you may go to <http://legisweb.state.wy.us/2006/interim/summaries.htm> and you will be able to view and print these pages. If you are not sure of who your legislators are for your area, you can view these at <http://legisweb.state.wy.us/2006/members/rep.htm> and also <http://legisweb.state.wy.us/2006/members/sen.htm>.

At the present time the Wyoming Stock Growers Association sends out an E bulletin and this is very informative. This comes out of Cheyenne each week, if you are on their mailing list you probably are receiving it also.

If you are still uncertain, you may contact me at bcar1080@msn.com.

Gay Rogers, Legislative Chairman



**Go Riki!
Living proof
of the
patriotic
spirit of
WCW!!!**

Riki Davidson, the secretary for WCW and President for Sheridan County demonstrates her patriotic spirit during a parade in Sheridan.

Wyoming Beef Ambassador Committee by Lindsay Galey

The Beef Ambassador contest was held in June in Cheyenne, Wyoming. We had five senior contestants and one junior contestant. Our state winner was Amy Berry who just returned from the National contest. The Wyoming Business Council gave us \$1500 to run our contest. With this donation we were able to run the complete contest without any other monies. The budget for the coming year is also from donations. These include a \$1500 donation from the Wyoming Business Council and a \$1500 donation from the Wyoming Beef Council. Our contest this year will be during our summer meeting in Casper and the National Contest will be in Minneapolis the first weekend of October. We are looking forward to another fantastic year!

There are a few changes to the contest. The first is that we have decided to end the Junior division. We want to encourage Juniors to come and watch the contest, so they can see what goes on so that they will be ready when they are seventeen. The second change is the age limit for the senior division. It is now no younger than 17 and no older than 20 by the first of January 2006. So if you have any young people who have competed before or were interested in the past but for some reason have not competed, let them know that they still can.

I want to stress the importance of

the interviews after the contestants give their speeches. Our last two National winners won on the strength of their interview. Be sure that they get on the National Beef Ambassadors' website and read the beef information handbook and the rules. In addition, make sure they understand the importance of the Beef Check off. The major sponsor for the National contest is the Beef Check off and National Beef Board. They need to know the important issues that are facing the beef industry today.

I also want to encourage contestants to look for original ideas for their speeches. Stress the need for your people to use some imagination, PLEASE!!!!

Finally, I am not sending out any information this year because it's all online. We already have a link to the National Beef Ambassador contest site on our website. I will have an application form and a copy of our rules on the website by the first of December. The addresses for the two sites are: www.nationalbeefambassadorcontest.org and www.wyocattlewomen.org.

If you have any questions, suggestions and/or comments, please do not hesitate to send them to me. I want to make this a great contest with as many young people competing as want to compete. I also want to keep cost down so that we can give as large an award as possible. These are my goals for our state contest.

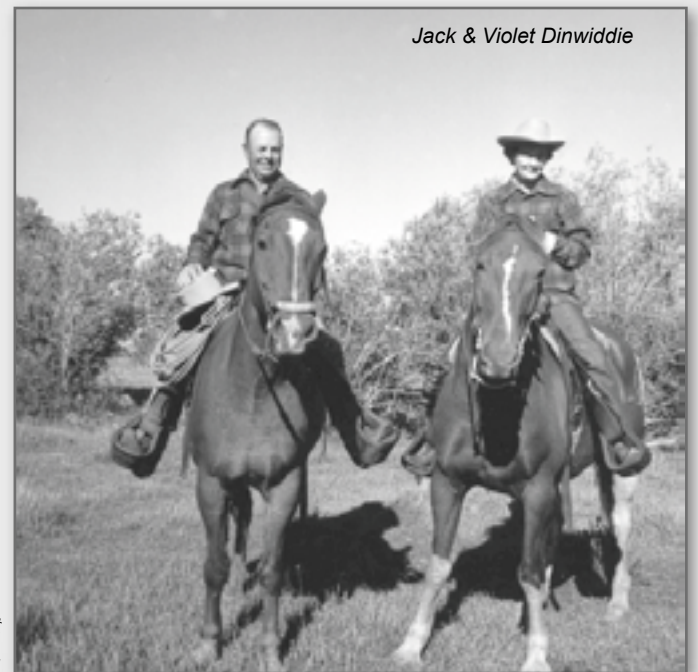
Where Are They Now?

Violet Dinwiddie *Charter & Lifetime Member*

Editor's Note: I spoke on the phone with Violet Dinwiddie several times. Wonderful conversations... one of the true pleasures of being your editor. She is the most delightful and sharp 96-year-old lady! She loved hearing from someone who is still gathering cattle for fall roundup, shipping and cooking for crews here in her beloved Wyoming! It brought back pleasant memories for her. Violet is the last living Charter Member, and is a Lifetime Member of Wyoming CattleWomen.

I am a charter member of both the Albany County Cow-Belles and the National Cow-Belle Associations. I served as National Secretary to Arlene Watt when she was President of the National Cow-Belle Association in 1955. I served as Historian for the Albany County Cow-Belles.

My parents, Oda and Mamie Mason, ranched on the Big Laramie River in the early 1900s. They had the first water right, good water and good fishing! For 5 years,



Jack & Violet Dinwiddie

I rode horseback, 3 miles to and from grade school. After a short one year retirement in California, my Dad returned to his beloved Wyoming. I finished my schooling in the Laramie schools. I met my husband, Jack Dinwiddie, at the University of Wyoming. We then moved to Texas for five years. Returning to Laramie, we went into business ranching with my Dad, Oda Mason. Jack was a reserve officer in the United States Army. He was called into service in 1940 and served until 1945. We returned to Laramie and the ranching business.

We sold the ranches in 1969 and built a home on the East side of Sheep Mountain

on pastureland that once belonged to our ranches. We spent our summers in Wyoming and winters in Arizona. Our hobbies over the years were traveling all over the world, and entertaining our many friends and acquaintances. We enjoyed their company.

Jack died in 1986 and I have lived in Tubac, Arizona since that time with returns to Laramie and the Centennial Valley often. I cherish my memories of our life in Wyoming. Today, in my 96th year, I relish the visits and companionship of my many friends.

*Sincerely,
Violet Dinwiddie*

Condolence Committee by Betty Bogacz

Condolence Report • August 11 – October 23, 2005

August	11	Edwina Johnson	Wheatland
	14	Marilyn June McNinch	Big Piney
	17	Jeane Francis Murdock	Big Piney
	19	Charles Frank Middleswarth	Torrington
	19	Henrietta McGill	Wheatland
	19	Jerry Crago	Aladdin
Sept.	7	Elizabeth K. Bette Rutledge	Meriden-Cheyenne
	7	Warren James "Jim" Ullery	Kaycee
	12	James M. Rannells	Basin
	13	Floyd E. Engebretsen	Keeline
	19	Lester K. Spracklen	Douglas
	20	Charles Philip "Chuck" Johnson Jr.	Casper
	22	Margaret Anna Gammon	Buffalo
	23	William Jay Smith	Douglas
	29	Charles E. "Chuck" Forgey	Douglas
October	6	Margery (Loucks) Masters*	Dayton
	6	James D. Barquin Jr.	Kinnear
	23	Doris Wagensen	Gillette

*Past State President, 1973-74. Margery was still attending Sheridan meetings at 92 years of age! We thank her family for sharing her with Wyoming Cow-Belles and Wyoming CattleWomen.

Our sympathies are extended to the families and friends of all those listed here.

*Respectfully submitted,
Elizabeth (Betty) Bogacz, Condolence Chairman*

CHAIRS *Continued from page 1*

Kim DesEnfants
Associate Membership Chair

We ranch 30 miles north of Torrington and run 200 black cows. We also put up three circles of alfalfa hay in the summer. One we own and two are custom jobs for an absentee owner. Our youngest son Cole (23) helps us on the ranch. Our oldest son Curt (25) lives and works in Denver. No daughters or grandchildren as of yet, but we are having a wedding next August.

We are on the family homestead, which was settled in 1913. I have been a member of Wyoming Cattlewomen and Goshen Cattlewomen since 1977. I have held every office and committee on the local level and have been in charge of Beef Education for Goshen County for the last 15 years. I work part time at the Sale barns in Torrington and Doug drives cattle truck part time.

Elizabeth (Betty) Bogacz
Condolence Chairman

I am a native of Wyoming and Fremont County, having been born and raised here. My Grandfather homesteaded here in 1906. My Father was a long time auctioneer in Fremont County.

I have five grown daughters, seven grandchildren and five great grandchildren. Two of the daughters and their husbands continue to be engaged in the farming and livestock industry.

I joined the Wind River group of Fremont County Cow-Belles in 1967. I was serving as President of Fremont County Cow-Belles when the name change to Cattle-Women was made in 1992-1993. I began participating in the state meetings at that time and have continued to do so through the present time. I enjoy meeting the new members and renewing acquaintances of those who have been members for a longer time. There have been many changes in this span of time.

Lindsay Gale
Beef Ambassador Chairman

My husband, Frank and I live in Laramie, Wyoming with our two children, Chas and Ali. Chas is a senior at Laramie High School and Ali is a freshman at the University Lab School. Although we have no livestock or live on a ranch we do have some land in Laramie where we have many different kinds of wildlife to watch and help preserve. With Frank's job as the Dean of the College of the Agriculture and my volunteer work on both the County and State level, we are very active in the Agricultural industry.

Marcia N. Campbell
Beef It News Editor

I married Steve Campbell 38 years ago and have been a rancher's wife ever since!! We have four grown children and are the third and fourth generations on Antelope Springs Ranch in northern Natrona County. Steve's grandparents, George and Charlotte Snodgrass, homesteaded here in 1907 and his parents, Tom and Evalyn Campbell, worked here their entire lives.

We raise Angus cattle and Cindy raises Quarter Horses. I joined Natrona County Cow-Belles in 1968 and was a member of Wyoming Cow-Belles for years, until family and ranch responsibilities took over for about 20 years! Now I am back and very involved on the county level and happy to be the Beef It editor for the WCW.

Bobi Lentz
Wyoming CattleWomen Historian

My love of farming and ranching began at an early age. As a young teenager of a family of three brothers and myself, living in the city, my mother usually had our tickets bought for the day school was out to go spend the summer at my Dad's family ranch in North Dakota. We all loved going and found it great fun. How my uncle liked it, he never said.

In 1991 my husband retired from ARCO and I from being a dental assistant and office manager and we bought our little "job" in Sheridan where I became involved with CattleWomen. We own a small acreage and lease other land. We started with a cow/calf operation and have since gone to yearlings and hay.

I have held every office in SCCW, helped with Beef-It-News two years and was Editor one year, have been Secretary of WCW two terms and am currently WCW Historian. I love going to State, District and National CattleWomen meetings because of the friendships and wonderful people I meet. I am eternally grateful to my neighbor, who has since passed away, for urging me to become involved with CattleWomen. It's a wonderful organization.

COUNTY AG EXPOS

Goshen County Ag Expo

On Sept. 20 the Goshen County CattleWomen with the help of W.I.F.E., hosted their annual Fourth Grade Ag Tour. About 150 County fourth graders spent the day learning about many aspects of agriculture.

The Tour started with a stop at Stockman's Livestock Auction, where they learned about auctioneering, and the livestock that are sold. A mock auction gave the children an idea what happens when ranchers are selling or buying livestock.

The main stop of the day was at the Goshen County Fairgrounds in Torrington. Here they got to watch stock dogs herd sheep, as well as visit 12 exhibits and demonstrations. Stations included sheep shearing, wool spinning, branding, soil and water conservation, safety around electricity, birthing calves, a discussion on wildlife, identifying cuts of meat, a game of BEEFO, pens of goats, cattle, miniature horses, donkeys, a veterinarian's business, and to top it all off, a lunch of beef sandwiches.

Members of the Torrington/Lingle and the Southeast FFA Chapters helped as tour guides and program presenters. There were 278 meals served to students, teachers, presenters, guides, and bus drivers.

Kim DesEnfants, Chairwoman of the Beef Education Committee, was the coordinator of this annual Ag Tour. A few weeks after the tour, she visited the schools and was pleased to find out how much the students learned and remembered.

Written by Marilyn Simmons

Weston County Ag Expo

We have been sponsoring an Ag Expo for at least the past eleven years. The Saddle and Sirloin FFA chapter and the Fairgrounds have been co-sponsoring this event with us.

This year our chairman was Stacey Button. She ordered the materials for the ag bags that are given to each student and the teacher's materials. Stacey also made all of the arrangements with the three public schools in the county for fourth graders to attend. The FFA students prepare presentations in different areas of agriculture. This year they gave ten minute presentations on beef cattle, beef by-products, horses, swine, sheep, rabbits, poultry, and goats. The students prepare posters, hand-outs and bring their animals for the fourth graders to touch. The FFA students also bring ropes and roping dummies and give every fourth grader a personal roping lesson. That is always one of the most popular sessions! The students are divided into small groups which move around the barns to hear each presentation. FFA students are group leaders.

In addition the Weston Co. Weed and Pest supervisor presented a session on weeds. A local farrier did a session on horse's feet and the proper shoeing tech-



Two FFA students stand beside a beef check-off sign

Laramie County Cow-Belles

The Laramie County Cow-Belles presented the Ag Expo at Laramie County Community College in Cheyenne on October 11 and 12 of 2005.

We had great cooperation with Ron Pulse the state FFA Advisor.

The two Cheyenne FFA Chapters assisted, one each day. The Advisors are Tommy Cress at East High of the Frontier Chapter and Ty Berry at Central High of the High Plains Chapter.



Bev Schwieger, Ann Voigt and Harriet Mullen

There were over 800 4th grade students from the two school districts in Laramie County. While



Helen Hart demonstrates wool spinning to 4th Grade Students.

the students were going to the various stations the teachers were treated to some wonderful information from Saraka White representing the WY Department of Agriculture.

We had 9 stations that the students were escorted to by the FFA members. Amy Phillips

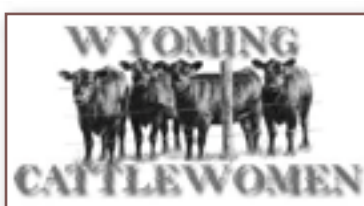
brought her goats, Beef By Products with Wendy Harding, Helen Hart did her wool spinning, USDA Wildlife Services with Sam Crowe and Casey Hunter, Verena Booth our Bee Lady with honey and hives, WY State Brand Office, Laramie County Weed and Pest with Sandy Wisroth and steers, lambs and hogs from the Ag program at the college.

We weren't able to have the big Percheron horses or the stock liners as we had just had a heavy wet snow and couldn't get them in from a distance.

niques. Cow Belle vice president Ann Wehri and her husband Rick gave hay rides with their team.

At the conclusion of the Ag Expo each student received a bag of goodies containing candy, pencils, a hamburger yo-yo, beef by-products examples, and educational materials. Cow Belle secretary Ann Simmons was the Expo official timer who kept the event on time. The beef check-off was recognized by signs, by the check-off cow on the buttons each participant wore, and by the use of beef check-off ag bags. The principals of both Newcastle elementary and high schools attended. The local paper sent a writer and photographer and followed the event with numerous pictures and a full page story the next week.

We think that this is our best and most important project! The CowBelles served all of the presenters lunch following the very full morning of activities.



Country Store

Weston County CowBelles

Brand afghans for \$40 plus postage (available in black, red, Kentucky blue, cranberry and dark green). The afghans feature the Wyoming bucking horse in the center surrounded by 103 local brands. It is a licensed Wyoming product.

Cookbook featuring more than 900 recipes. It features a large beef section as well as all other categories of food. The cook book has a unique cover that folds to standup for your convenience. It is \$15 plus postage.

We also have **brand napkins** that feature artwork by Dave Paulley, a well-known Wyoming artist. Price is \$2.00 for 50 napkins plus postage.

— Nancy Darnell

Green River Valley CowBelles

Rayon scarves with brands — \$20.00

Cotton Scarves with brands — \$5.00 or 3 scarves for \$12.00

2005 National Beef Cook-Off Winners



Market Basket Category • Sharyn Hill, NM PAN-SEARED STEAKS WITH ROMESCO SAUCE

Total preparation and cooking time: 35 - 45 minutes

- | | |
|--|---|
| 4 beef shoulder top blade steaks (flat iron) (about 8 ounces each) | 1 cup grape tomatoes |
| 3 large red bell peppers, cut lengthwise into quarters | 1/2 cup fresh cilantro leaves |
| 2 Tbsp. prepared minced roasted garlic, divided | 1/2 cup toasted pine nuts |
| 1/2 tsp. black pepper | 2 Tbsp. fresh orange juice |
| 3 Tbsp. extra-virgin olive oil, divided | 1 Tbsp. freshly grated orange peel |
| | 1/2 tsp. salt |
| | Fresh cilantro sprigs, orange slices and pine nuts (optional) |

1. Arrange bell peppers skins side up on large sheet of aluminum foil. Place on broiler rack so surface of peppers is 3 to 4 inches from heat. Broil 12 to 15 minutes or until skin is blackened. Fold aluminum foil over peppers to enclose. Let stand 5 minutes.
2. Meanwhile combine 1 tablespoon garlic and black pepper in small bowl; press evenly onto beef steaks. Heat 1 tablespoon oil in ridged grill pan or large nonstick skillet over medium heat until hot. Place steaks in skillet; cook 13 to 15 minutes for medium rare to medium doneness, turning twice. Remove to serving platter; season with salt, as desired. Keep warm.
3. Remove and discard blackened skins from peppers. Place peppers, remaining 2 tablespoons oil, 1 tablespoon garlic and 1/2 teaspoon salt in blender or food processor container. Add tomatoes, cilantro, pine nuts, orange juice and orange peel. Cover; pulse on and off until pureed.
4. Spoon some sauce over steaks; serve remaining sauce with steaks. Garnish with cilantro sprigs, orange slices and pine nuts, if desired.

Cook's Tip: Four boneless beef top loin steaks, cut 3/4 inch thick, (about 8 ounces each) may be substituted for the beef top blade steaks (flat iron). Cook 10 to 12 minutes for medium rare to medium doneness, turning twice.



Inspired By Category • Veronica Callaghan, CT STEAKS WITH MUSHROOMS, BLUE CHEESE AND FRIZZLED SHALLOTS

Total preparation and cooking time: 40 minutes

- | | |
|--|--|
| 4 beef round sirloin tip center steaks, cut 1 inch thick (about 8 ounces each) | 1/2 tsp. pepper, divided |
| 4 slices thick-sliced bacon, cut into 1/2 inch pieces | 8 ounces shitake mushrooms, stems removed, diced |
| 1 Tbsp. all-purpose flour | 2 Tbsp. water |
| 1 tsp. salt, divided | 1/4 cup whipping cream |
| 2 small shallots, thinly sliced, separated into rings | 1/2 cup crumbled blue cheese |
| | 1/4 cup fresh parsley leaves, finely chopped |

1. Cook bacon in nonstick skillet over medium heat until crisp. Remove bacon with slotted spoon to paper towels, reserving 2 to 3 tablespoons drippings in skillet. Set aside.
2. Meanwhile combine flour, 1/2 teaspoon salt and 1/4 teaspoon pepper in small bowl. Add shallots; toss to coat. Heat bacon drippings over medium-high heat until hot. Add shallots. Cook 2 to 3 minutes or until well browned, stirring occasionally. Remove from skillet with slotted spoon to paper towels. Set aside.
3. Reduce heat to medium. Season beef steaks evenly with remaining 1/4 teaspoon pepper. Place steaks in same skillet; cook 14 to 15 minutes for medium rare doneness, turning occasionally. Do not overcook. Remove to serving platter; season with remaining 1/2 teaspoon salt. Keep warm.
4. Add mushrooms and water to skillet. Cook and stir 3 to 5 minutes or until mushrooms are tender. Add cream. Cook 1 to 2 minutes or until cream is almost absorbed. Stir in cheese and bacon.
5. Spoon mushroom mixture over steaks. Top with shallots. Sprinkle with parsley.

Cook's Tip: Four beef tri-tip steaks, cut 1 inch thick (about 4 to 6 ounces each) or two boneless top loin steaks, cut 1 inch thick (about 10 ounces each) may be substituted. Pan broil tri-tip steaks 9 to 12 minutes (top loin steaks 12 to 15 minutes) for medium rare to medium doneness, turning occasionally.



Grilled Beef Category • Renee Pokorny, CA GRILLED EXPRESSO STEAKS

Total preparation and cooking time: 35 minutes
Refrigeration time: 1 hour

- | | |
|---|--------------------------------------|
| 4 beef tri-tip steaks, cut 1 inch thick (about 6 ounces each), salt | Espresso Rub |
| Green onions, lemon wedges, freshly grated lemon peel (optional) | 2 Tbsp. ground espresso coffee beans |
| | 1 Tbsp. garlic pepper |
| | 2 tsp. brown sugar |
| | 1 tsp. ancho chili powder |

1. Combine espresso and rub ingredients in small bowl; press generously onto beef steaks. Discard any remaining seasoning mixture. Place steaks in glass dish. Cover and refrigerate 1 hour.
2. Place steaks on grid over medium, ash-covered coals. Grill, uncovered, 13 to 17 minutes for medium rare to medium doneness, turning occasionally.
3. Carve steaks into slices. Season with salt, as desired. Garnish with green onions, lemon wedges and lemon peel, if desired.

Cook's Tip: Four beef top blade steaks (flat iron) or beef shoulder center steaks (ranch style), cut 1 inch thick (about 8 ounces each), may be substituted for beef chuck-eye steaks. Grill beef top blade steaks, covered 10 to 14 minutes [shoulder center steaks (ranch steak), 11 to 14 minutes] for medium rare to medium doneness, turning occasionally



Family Favorites Category • Carolyn Collins, TX SMOKY BEEF ENCHILADA SKILLET

Total preparation and cooking time: 25 minutes

- | | |
|--|--|
| 1 package (17 ounces) refrigerated fully-cooked beef tips with gravy | 1/2 cup chopped onions |
| 12 small corn tortillas (6 to 7-inch diameter), cut into 1-inch pieces | 1 Chipotle pepper in adobo sauce, seeded, finely chopped |
| 1-1/2 cups shredded Mexican cheese blend | 1/4 teaspoon salt |
| 1 can (10 ounces) enchilada sauce | 1/2 cup shredded Mexican cheese blend |
| 1 can (4 to 4-1/2 ounces) chopped green chilies, drained | 2 Tbsp. finely chopped fresh cilantro or parsley |

1. Combine beef tips with gravy, tortillas, 1-1/2 cups cheese, enchilada sauce, chilies, onion, chipotle pepper and salt in large nonstick skillet; bring to boil. Reduce heat; cover and cook 5 to 7 minutes or until tortilla pieces are softened and flavors are blended, stirring once.
2. Top with remaining 1/2 cup cheese and cilantro. Serve immediately.

Cook's Tip: Shredded Cheddar cheese may be substituted for Mexican cheese blend.

NATIONAL BEEF COOK-OFF

The National Beef Cook-off was held in Rapid City, South Dakota, September 19-21. It was my first time to attend a cook-off and I found it most interesting and educational to realize the amount of work and time it took from many volunteers to bring it all together.

I was hostess to Jamie Miller from Minnesota. This was her third time to enter the contest so she knew much more about what was happening than I did. After my meeting about how to be a hostess and what was expected of me I felt much better. I met my contestant with more confidence than I had when I arrived. She had just adopted a baby girl from China who was 9 months old. She brought the baby, Jade, her mother and three friends. There had been special arrangements to have a van for her rather than be on the bus. I was happy to have our State Secretary, Riki Davidson with me on our bus tours. On the way to Rapid City we stopped in Deadwood to check out places that might be appropriate to have our Region V & VII meeting in April 2006. (Anyway that was the excuse we used) In Rapid City we had dinner with Leslie Hendry, Wendy Harding and Carol Abrahamson, executive director of the National Beef Ambassador Program. They were up bright and early Monday to attend an ANCW Executive Committee meeting and Riki and I attended a State Team Meeting, Workers Orientation and Hostess Orientation meetings. Wendy and Leslie left to meet Jeanette Smith our State President, in Spearfish to continue work on the Region meeting for 2006. Riki and I joined other NBCO guests on 5 buses to visit Mount Rushmore. There was a wonderful reception with tons of great food and free wine from Prairie Berry Winery.

Mark Thomas, vice president of marketing for National Cattlemen's Beef Association was the emcee for the evening and introduced ANCW National President, Marlene Strickland and Nancy Stirling Neuhauser, ANCW President Elect and South Dakota Host State Steering Committee Chairman. All contestants were introduced and interviewed on the stage of the Four Faces Cathedral. There was wonderful bagpipe music as the ceremony began for the Lighting of Mount Rushmore. At the end all veterans were asked to come on stage to help in the retiring of the flag. It was a very moving ceremony and if you have not seen it, I suggest you make it a point on your next weekend trip. We returned to the hotel about 10:30. Needless to say we could not keep up with the Montana ladies and we went to bed. I was up bright and early Tuesday to attend a Contestant & Hostess breakfast and orientation. The contestants were asked to make themselves acquainted with the kitchen area they would be working in by trying the stoves and ovens or whatever equipment they would be using. My contestant was used to cooking with gas and spent quite a bit of time checking to see how fast the electric stoves heated or cooled down. Karl's Appliance of Rapid City supplied all the stoves and microwaves and Knecht's Home Center supplied the grills for cooking outside. After that, all contestants were asked to view their cooking tray to make sure all the ingredients needed for their recipes were available. Since my contestant was happy with her steaks and everything else she signed off on her tray of ingredients. We were then free to attend the trade show or go shopping. Riki and I did some of both. At 3:00 we met to begin loading buses for the Snyder Ranch tour in Piedmont, South Dakota. It was a wonderful evening, the weather could not have been better. Kay and Dean Snyder have a beautiful family ranch and yard with apple trees, pear trees and hickamore trees.

Mark Thomas was again the Master of Ceremonies who introduced us to The Snyder family who told about the history of their ranch. Lori Welander, 2003 NBCO Grand Prize Winner told of the wonderful time she has had the past two years representing the beef industry and we were entertained by Tiospaye Topa Drum Group, playing and dancing Indian ceremonial songs. We heard speakers from SD Dept of Ag., SD University President and the Dean of AG and a representative of Cargill. It was a most enjoyable evening. Over 300 people were served by local business people, the wonderful FFA and 4-H kids and families got to help clean up and wash dishes.

Wednesday was the cooking day. Again we were up bright and early for another orientation and group photos. At 7:45 a.m. we had the grand entry of all contestants and hostesses and at 8:00 AM the first contestant began. Each contestant was given a certain time to begin her dish and a specific time to present it to the judges. From 8 a.m. until 3 p.m. There were 20 cooks trying to make their dish the best ever to win the \$50,000 grand prize. Jeanette Smith and 3 ladies from Crook County came to view the contest as Riki and I were leaving for breakfast.

At 4:45 p.m. we had rehearsal for the evening ceremony. We then attended a cocktail reception and the gala awards banquet started at 7:30 p.m.. The colors were presented by four service men from Ellsworth Air Force Base. Jan Lyons, Past President of National Cattlemen's Beef Association lead us in the pledge, she welcomed everyone and introduced the contestants. Invocation was by Ginny Lee NBCO Chairman.

After remarks from four beef industry leaders and introductions of the judges and sponsors, Jan Lyons and Marlene Strickland made the long awaited awards. There were four categories, four runner-ups each receiving \$5,000 and four category winners, each receiving \$10,000. The grand prize winner was Blazin' Colorado Steaks prepared by Linda Morten from Texas who won \$50,000. My contestant, Jamie Miller from Minnesota, won \$5,000 for her Porcini-dusted steaks with horseradish crust. It was a new experience for me and my hat is off to Nancy Stirling Neuhauser and her whole committee for giving so many hours of her time to do support our beef industry, A JOB WELL DONE!!

Bobi Lentz
Beef Cook Off Chair

COUNTY Updates

Laramie Peak CattleWomen

In July, the Laramie Peak CattleWomen held a joint picnic with the Stockgrowers at the home of Jim and Donita Graves. Special guests were Amy Berry, Wyoming Teen Beef Ambassador, along with her family members and Mark Eisle, Region II Vice-President of the WSGA. Finalizing plans for the upcoming Platte Co. Fair was the primary business on the agenda. The local organization is very visible during the fair sponsoring several activities. For the sixth year, we have



Officers of the Laramie Peak CattleWomen posed in front of the fireplace of the historic Fancher ranch house with their special guest, Janette Smith, President of WCW. Left to Right: V-Pres., Carrie Cavalli; Pres., Donita Graves, Janette Smith; Treas., Mimi Kontour; Sec., Sandy Kontour. The LPCW met Oct. 27th for a carry-in luncheon. Prior to the business meeting, tours of the house were given. President Smith reviewed the past and upcoming activities of the State organization. Local business included plans for serving the noon meal for the WSGA ID Tag workshop in Wheatland on Nov. 11th. We're also going to make a concentrated effort to increase our Associate members for the year 2006. A leisurely wagon ride behind the team of Pete & Nellie on the meadows of the North Laramie River with Laramie Peak looming in the background completed a lovely Fall day.

was our winner this year, winning her division as well as all the other top awards. Our Pee Wee Showmanship contest is open to the 4-8 year old kids, too young for 4-H. Carrie Cavalli and Sandy Kontour co-chaired this event. Local businesses have joined us to furnish prizes for this crowd-pleasing activity. The local Fair Board asked the CattleWomen and Stock Growers to take charge of the branding of the horse barn on the fairgrounds. The town of Wheatland is entering its centennial year, and it was decided this would be a lasting mark for future generations. We will probably repeat the branding next year for those who were unable to participate.

The October meeting was a luncheon at the historic Fancher Ranch, now being run by descendent Mimi Kontour with her husband and family. Officers of the Laramie Peak CattleWomen posed in front of the fireplace of the historic Fancher ranch house with their special guest, Janette Smith, President of WCW. Left to Right: V-Pres., Carrie Cavalli; Pres., Donita Graves, Janette Smith; Treas., Mimi Kontour; Sec., Sandy Kontour. The LPCW met Oct. 27th for a carry-in luncheon. Prior to the business meeting, tours of the house were given. President Smith reviewed the past and upcoming activities of the State organization. Local business included plans for serving the noon meal for the WSGA ID Tag workshop in Wheatland on Nov. 11th. We're also going to make a concentrated effort to increase our Associate members for the year 2006. A leisurely wagon ride behind the team of Pete & Nellie on the meadows of the North Laramie River with Laramie Peak looming in the background completed a lovely Fall day.

Donita Graves, President

had an open photo contest with the only restriction being the entries had to be photos taken in the County. Response has been excellent with 44 entries this year. Beef Certificates are awarded to the division winners as well as Judge's Choice and People's Choice. Jill Graves

Natrona County CowBelles

During the summer our younger members helped with the CNFR and a Special Olympics. Our second afghan arrived, and everyone was happy with the design of the Wyoming Bucking Horse in the center oval. We had matching totes made, and are also selling our cookbook. September we paid the \$500 scholarship to Casper College for Kyle Hanson. The Glenrock Auction hosted the Beef Mobile showing producers how their check off funds are spent, and we served samples of check-off-devel-

oped precooked roast. November finds us at the Ag Expo for three days hosting third graders at our "Tools of Ranching" booth, very hands on and active. We have \$2 Beef Gift Certificates to hand out to customers in the grocery stores to help with their beef purchases. They are usually surprised and very appreciative! And, many of our members volunteer to do this because it is fun to promote beef and do something nice for the consumers!!

Marcia Campbell-Treasurer

Albany Country Cow-Belles

School is just around the corner and fall is coming fast. The haying is almost done and another summer of fun will be a sweet memory. It's time to pack up the lunch boxes, and get to the farmer's market for produce to put away for the winter. Let's get ready to meet the challenge of the next season.

Albany County Cow-Belles had a busy summer. One cookout per month brought many people out to visit local ranches, hear the history and see what currently is being done on the place. Ron & Ruth Blake were hosts for the June cook-out and Ruth is our cook-out chair person. Ruth does a wonderful job getting ready and providing for these popular events.

The "Taste of Laramie" tent was the site for the July 9th Jubilee Days beef dinner that Cow-Belle member Gayle Meich and her helpers served after the parade in Downtown Laramie. There were many restaurants and caterers selling their fine food; it was a great place to be promoting beef.

Mears Morgans was the host site for the July cookout. There was a nice turn out for the fine hamburgers on the grill and the demonstration of the beautiful Morgan horses that are raised on the ranch.

We have one more cookout scheduled this summer. It will take place on August 18th at the Mountain Meadow Ranch, Bob and Debbie Davis, Woods Landing. As always, the fine beef dinner is open to the public.

August brought the fair to our lives and also the beef raffle, which is co-sponsored by the Albany County Stock-growers. Those purchasing tickets were hoping to win a half-beef, a chance for a quarter of beef or beef certificates. The beef was chosen from a 4-H/FFA beef project. The money was split between the two organizations after expenses and will primarily support agricultural education. The winners were drawn the day of the Junior Livestock sale.

And the winners are "lucky!" Dixie Mathison of Laramie won the beef, and Dave Falgien and Jerry Yates of Laramie each won beef. Deb Rogers and Tom McNamee of Laramie won \$10 Beef Certificates, and Martindale's Western Store, Scott Schneidervin, Amber Mathison, Marty Ferguson, and Jo Ann Fulton all won

\$5 Beef Certificates. Congratulations to these deserving people, who won because they supported a good cause. Thanks go to Cindy Lawson-Shivy for working tirelessly to organize the project, and to all the Stock Growers, Cow-Belles, and their associates who helped to sell tickets.

Speaking of good causes: in addition to supporting education, this year the proceeds from the raffle were used to help send \$1000 of beef jerky to the troops overseas. It was mailed out in nine bulging boxes on August 5th, the day before the sale. We addressed them to military folks serving in the Middle East who are Albany County Stock-growers or relatives of Cow-belles, and only asked them to distribute the jerky as they think is best. The Albany County Stock-growers, Albany County Cow-Belles, and the Crow Creek Meat Processing Company of Cheyenne paid for the jerky. Katie Shivy, Crow Creek Employee, did the packaging.

On July 4th Cindy Lawson-Shivy set out a basket of greeting cards at the "Freedom has a Birthday" celebration in Laramie, and invited all to "write a note to the troops." That really started something, and we put the basket out at all of our events now. We have so far sent several big envelopes of letters overseas, to be distributed as the jerky will be. I was told that at least one Stock-grower is making certain that the folks in his unit who don't get much mail from home definitely get the cards from Laramie. We hope these expressions of hometown faith and trust will help our fine soldiers and military.

The writer's workshop has continued to run through the summer. Our writing coach from Cheyenne, Virginia Wakefield, leads us down many paths of discovery as she teaches us how to record the stories of our lives. We learn a lot of good things about ourselves and each other on these adventures.

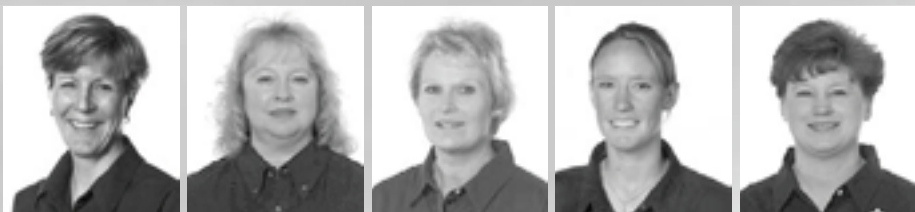
September brings us together again as we start our regular Cow-Belle meetings. We will gear up for hunting, the holidays, and all of the things that fall will bring. Take the time to go and see the brilliant colors this year and watch for new ideas to help our industry.

LuAnn Herkstroeter, President



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CattleWomen Calendar

Dec. 5-8, 2005

WSGA/WWGA/WCW Mid-Year Convention - Casper

Jan. 30-Feb. 4, 2006

ANCW/NCBA Annual Convention - Denver, Colo.

March 14, 2006

WCW General Membership Meeting - Casper

April 27-29, 2006

ANCW Region V & VII with Wyoming as Host - Spearfish, S.D.

July 10-13, 2006

ANCW/NCBA Summer Conference - Reno, NV

Crook County CattleWomen

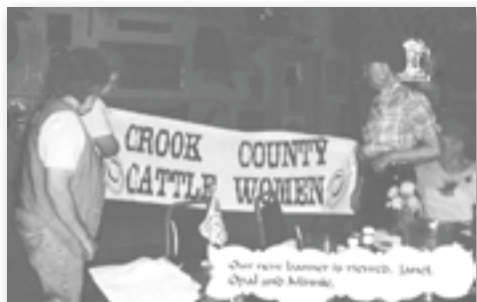
The Crook County CattleWomen installed new officers at their June 28, 2005 meeting. The new officers are: Janet Jensen, president; Barbara Clark, vice-president, Opal Oudin, secretary; Margaret Ellsbury, treasurer.

We were honored to have member, Jeanette Smith, installed as state president of the CattleWomen in Cheyenne on June 9, 2005. Opal Oudin, Janet Jensen, Betts Seeley, Vernie Nussbaum, and Marjorie Goodson attended the installation ceremony.

The Crook County CattleWomen will be hosting Regions 5 and 7 CattleWomen on April 27, 28 and 29, 2006 with headquarters in Spearfish, S.D. since more facilities are available



The Crook CattleWomen riding in a trolley during the County Fair Parade last summer.



Several women display their new banner

there. Final plans are being made for this by a committee.

For the second year in a row, the CattleWomen served wimpies, carrot sticks, chips, beans and homemade cookies to 173 bicyclists and volunteers riding for the state Multiple Sclerosis Society. We were asked to do it again next year. The CattleWomen donated all of the food and received a nice plaque for doing this.

We also furnished \$50 towards the purchase of beef, our napkins and placemats for the county Rodeo Queen contest. Close to 80 were served at this banquet.

We rented a horse drawn trolley and hired the driver for the County Fair Parade. Several members had dec-

orated it and rode in it. We won second place in the parade. We also had a booth at the fair for which we won 3rd place for the most representative.

We placed a sign along Highway 112, which the 3 FFA chapters in the county had worked on together, each doing a different part. There are several more to be made and will be placed around the county on the roads well traveled.

We continue to sell our brand afghans as our major fund raiser. It has been a busy year so far.

We entertained 16 members of Weston County CowBelles at a luncheon at our regular meeting on October 25, 2005. The state CattleWomen president, Jeanette Smith, also attended. Weston County president, Nancy Darnall, presented her with their brand afghan featuring the Wyoming bucking horse and over 100 brands. Crook County CattleWomen president, Janet Jensen, gave her a money corsage along with a cash gift for her future travels. After the luncheon Elizabeth Canfield, local author, entertained with several of her poems while Marjorie Goodson read a very appropriate poem to the group.

Jeanette Smith and Nancy Darnall spoke to the group. A committee is busy making plans for the annual Christmas party to be held in early December.

Weston County CowBelles

Weston County CowBelles held installation of new officers in May with Nancy Darnell as President, Ann Wehri as Vice President, Lorraine Davis as Secretary and Ann Simmons as Treasurer. Installation was conducted by outgoing president Connie Ertman.

The June meeting was held at the Buckhorn rustic bar and cafe in the beautiful Black Hills.



Nancy Darnell, Weston Co. CowBelle president and Tracy Ragland, Newcastle High School principal standing by a beef check-off fund sign.

Our Father's Day promotion was a big success with many callers to the radio station to answer beef trivia questions at the end of our beef advertising. We gave \$5 per day for the five week days before Father's Day. We also ran ads in the Newcastle and Upton papers to promote beef.

Our annual family picnic in July was at the Fairgrounds in Newcas-

tle. We had planned an early evening event on the well kept lawns but a thunderstorm ran the group indoors to the Youth Exhibit Hall. A good crowd and good fellowship compensated for the wind!



Rick Wehri (Ann Wehri our Vice President is there - you just can't see her!) driving his team with fourth graders and FFA group leaders.

In August the CowBelles served the food at the fair barbecue which is organized by the Junior Livestock committee. We also offered our cookbooks, napkins and brand afghans for sale at the barbecue.

The annual Ag Expo was the highlight for September. This year we held our regular September meeting following the Expo.

In October several members worked at Newcastle's Festival in the Park to sell cookbooks and brand afghans. We held our regular meeting at a local restaurant and will be attending the Crook Co. CattleWomen meeting on October 25th to meet with State President Jeanette Smith.

— Nancy Darnell, President

Green River Valley CowBelles

The Green River Valley CowBelles was invited for a tour of the Jonah Field by Encana, Saturday, November 5th, 2005. For a person who has no clue what is going on in the petroleum industry, this was a wonderful experience and education. They also served us lunch. How

took off again and went to a producing well, then a reclaimed location. We saw all the operations of a well, from drilling to reclaiming. It was a great day, very educational and gave us all a better understanding of what is going on "out there in the oil patch."



Eating breakfast. From Left to Right: Mardell Fear, Sharlene Lozier, Ranae Lozier.

about that! I have actually worked in the industry for 33 years and have taken many tours in the past. However, the Jonah Field is totally different than what a typical oil field is like. Everyone is so excited to have been invited by Encana!

It's been pretty hard to gather all the ladies. Everyone wants to go but it's a busy time right now with shipping, preg testing, moving the cows down from the mountains & the normal everyday ranching things.

We had 15 ladies attend the EnCana field tour to the Jonah field. They fed us a breakfast of breakfast burritos while explaining what to expect on the tour. We jumped on the bus and they took us to a drilling rig. We walked all over the rig and our tour director/guide, Paul Ulrich (EnCana, Public Relations), explained everything to us. Then we left the drilling rig and went to a well that was being completed. We went back to Sharlene's office, had lunch and warmed up a bit. Then we

Also, our GRVC signs are still not up on the road. We had 3 made and had them stored until we get permits or permission to put them up along side the highway. We are planning to put one up between Big Piney and LaBarge on Anne & Bob Barney's land. We want to put one up maybe somewhere in the Bondurant area.

The third we want to put up somewhere between the Big Piney cut off (Hwy 351) and Pinedale on



Looking at a new reclaimed location. You really cannot see anyone's face because the wind was blowing so hard and it was cold. We were all looking down at the new grass growth.

Hwy 191. We have been working on the project for about 3 years.

There will be a Christmas Bazaar in Big Piney on November 15 this year and we will have a booth there to raffle the quilt and sell neckerchiefs, napkins and cookbooks and brand afghans. We have new neckerchiefs that just arrived with new brands on them, cotton & silk (silky, not real silk).

— Rita Thomas, President

Sheridan County CattleWomen

Sheridan County CattleWomen have had a busy summer as usual. We make an effort to stay active in the summer even though we take a vacation from our meetings during this time. "The Trio" (Bobi Lentz, Catherine Kukowski, Riki Davidson) traveled to the Wyoming Beef Ambassador Contest, National Beef Cook-Off, ANCW Convention and are planning a trip to Austin, TX for the National Beef Ambassador Contest. We are very fortunate to have these ladies make time in their busy life schedules to attend functions the rest of us cannot. The information they bring back to our group of ladies helps renew our interest in the industry and helps to bring unity throughout our organization.

We were again invited to cook for the County Fair Buyer's Dinner. Sloppy Joes were served to almost 200 people and enough was left over to donate to the Homeless Shelter in our town. The Fair Board assumed that we would cook the dinner again this year and forgot to ask us. We were called at the last minute and Riki went into fast gear to pull together the dinner. We are lucky we have her on our side; she is always on the ball.

We were able to participate in the Health Fair for the first time since 2002, where we distributed 850 Ag Bags stuffed with nutritional charts, meat comparison charts and food safety information. My goal was to reach as many people as possible; presenting the facts so they would be able to make

healthy decisions. We were told that some nurses were counseling patients not to eat beef because of the fat and cholesterol. We were able to hand out Ag Bags providing information to help make healthy choices. Not much time is available to go into details at this fast paced event. However, we felt pretty good that information was given to just about every person who walked by our booth. Next year we will pass out different charts so that the people will look forward to receiving their Ag Bag every year.

We are looking forward to the Christmas Stroll in November held here in Sheridan. This is where the stores on Main Street are open late offering special sales and shopping ideas. For the past few years, we have had a table outside the bank with a roaster of hot chili. Passersby are offered a free cup of chili and a chance to enter a raffle to win a free Beef Certificate

We were saddened to hear of the passing of one of our longest members, Margery Masters, on Oct. 6th. We were honored by being asked to participate in the funeral, with presentation of a wreath that displayed a banner with our name Sheridan County CattleWomen. She was 95 years old and still attended our monthly meetings and shared her ideas openly. She was a past State President and a Sheridan County President. We will miss her comments at our meetings and we share her family's sorrow.

— Connie Portwood, Secretary

Johnson County CattleWomen

The September meeting was held at the Federal Savings meeting room in Buffalo. The brand napkins are coming along. The second afghan is finished, and a third design featuring Harold Jarrard on a horse is at the weavers!

November 4th the Sinclair Cattle Company will hold their bull sale at the Buffalo Livestock Auction. We will serve the dinner of meat, potatoes and salad. Nov. 19th we will serve salad and desserts at the Redland Bull Sale. Redlands

will provide the meat. We will serve at three or four sales in the spring. These are fundraisers for our scholarship fund.

December 10th is the Cattlemen's Bawl at the Harold Jarrard Park in Kaycee. Tickets are available in Kaycee at the Invasion and Streeter Supply. Several locations in Buffalo are also selling them. Dancing to the Shane Gang Band from Buffalo and a Silent Auction will complete the evening.

Joyce Black-President

Cody Country CattleWomen

Greetings from Cody Country CattleWomen!

For the most part, autumn has been too kind to us here in Cody. It used to be that Mother Nature would uncannily show up shortly after windows were washed or cars spruced up. Appears the same rule applies to weaning dates. Ha! Ha! What a mess!

Cody Country CattleWomen's current focus has been in the completion of our afghan. Our prototype has been at the weavers a month now. Seems there are CattleWomen all across the nation with the same goal in mind. In talking to the weavers in North Carolina, they stated that a few years ago they had never even HEARD of "Cow-Belles" or "CattleWomen" now they have fashioned a separate department just for us! Way to go CATTLEWOMEN!!!

Our Afghan displays 97 brands and boasts a barbwire motif with a modified version of our "trade mark" the cowboy working cattle. Needless to say we are very excited to get our mitts on the finished product, and are in high hopes that it will be completed by Christmas.

Our promotion liaison, Jo Bowman is diligently working on the Christmas Beef Gift Certificate ads. It is mind-boggling that Christmas is but a stone's throw away.

Angela Whitlock is in charge of our Scholarship project this year. There's a lot

of ground work to be done before awarding the scholarship this coming Spring; Angela is already on the roll with this project.

Nanette Tills is hosting our annual Christmas party at her home this year on December 16th. It is a good time for us CattleWomen and our spouses to enjoy this jolly time of the year together. And no doubt the husbands will get together and discuss how very DILIGENT their CattleWomen Wives are. No doubt!

Dr. Lisa Williams is our planned guest speaker at our November meeting at Maxwell's. Dr. Williams will address Women's health issues. October was National Breast Cancer Awareness Month. We are CattleWomen! We may be tough, but not tough enough! Please don't hesitate to get your mammograms, if you haven't already. Thanks for letting me get in that little ploy. At our December's meeting at the Irma, we will host Dr. Horton of Powell as our guest speaker. She will talk about a new enterprise in the area involving organic beef.

Our meetings are the last Wednesday of every month. Please note that if any of ya all are in the area at this time you are especially welcome to join us. We trade off between the Irma and Maxwell's, with a noon luncheon. Reservations are NOT needed.

Suzi Hoiness CCCW

2005-2006 Wyoming CattleWomen County Presidents

Albany County CowBelles
LuAnn Herkstroeter • 751-4721
658 Hwy. 230
Laramie, WY 82070
westernlife@earthlink.net
Meetings: 3rd Friday of Month-
Sept. thru June, Installation in May

Goshen CattleWomen
Dawn Coxbill • 532-2871
4905 State Highway 161 •
Torrington, WY 82240
coxbill@actcom.net
Meet: 1st Friday-every month
except June, August & December
Installation-May

Sheridan County CattleWomen
Riki Davidson • 655-9400
62 Highway 343
Parkman, WY 82838
riki@wavecom.net
Meetings: 1st Monday of the
month, Oct. thru May
Installation: May

Campbell County CattleWomen
Gwen Geis • 686-7456
128 Clarkelen Road • Gillette,
WY 82718
hiewe@vcn.com
Meetings: 1st Wednesday of
month, Installation May 2003
2 year terms

Hot Springs CowBelles
Barbara J. Campbell 867-2352
2884 Owl Creek Rd.
Thermopolis, WY 82443
barb00@tctwest.net
Meetings: 1st Wednesday,
usually every other month, June
installation every other year

**Sublette County - Green River
Valley CattleWomen/CowBelles**
Rita Thomas • 276-3472
Box 184 • Big Piney, WY 83113
Rita_thomas@eogresources.com
Meetings: 1st Thursday of the
month Oct. thru June
Installation: Annual meeting in
March, Officers hold office for
2004,2005,2006

**Carbon County - Snowy Range
CattleWomen**
Dodey Brown • 327-5714
PO Box 356
Encampment, WY 82331
Meetings 2006 - Sept 27, Nov 15,
2005 - Jan 24, Mar 28, May 23

Johnson County CattleWomen
Joyce Black • 738-659
PO Box 137 • Kaycee, WY 82639
Installation: April, 2 year term
starting April 2005

Sweetwater County CowBelles
Mickey Thoman • 877-9336
Fontenelle Rte. Hwy 372
Kemmerer, 83101
Meetings: by phone or when
needed Installation: January
every other year

Converse County CowBelles
Mae Ann Manning • 358-4532
1204 Manning Road
Lost Springs, WY 82224
Meetings - 4th Tuesday of month
Sept.-May, Installation in May

Laramie County CowBelles
Vikki Cheser • 635-626
3791 County Road 203
Cheyenne, WY 82009
Meetings: 4th Monday Sept. thru
May Installation: Dec/Jan.

**Teton County - Jackson Hole
CowBelles**
Liz Lockhart • 733-8038
Box 3157 Jackson, WY 83001
Meetings: 4th Thursday of the
month 10 times a year

Crook County CattleWomen
Janet Jensen • 896-2261
HCR 69 Box 122
Belle Fourche, S.D.57717
Tjensen@starband.net
Meetings- 4th Tuesday of Month,
Installation in June

Natrona County CowBelles
May Stewart • 266-5818
PO Box 429
Evansville, WY 82636
Meetings: 1st Saturday of the
month, Sept. thru May

Uinta County CattleWomen
Patty Micheli • 789-3897
Box 314
Ft. Bridger, WY 82933
pmicheli7@yahoo.com
Meetings: 2nd Saturday of each
month - 10:am in county libraries
alternating between Bridger
Valley and Evanston

Fremont County CattleWomen
Deanna Crofts • 856-1350
Box 226 • Riverton, WY 82501
DCROFT@state.wy.us

Niobrara County CattleWomen
Sena Pearson • 334-3571
8323 US Highway 85
Lusk, WY 82225
Meetings: 3rd Thursday Sept. -
May, July, Aug
Installation: Spring Luncheon or
Picnic in April 2 year term

Washakie County CowBelles
Dani Rice • 366-2571
2946C Highway 16
Ten Sleep, WY 82442
DanR@tctwest.net
Meetings: First Wednesday of
every month

**Fremont County - Crowheart
CattleWomen**
Kaye Stoll • 486-2241
PO Box 606
Crowheart, WY 82512
kastoll@wyoming.com

**Park County - Cody Country
CattleWomen**
Darlene McCarty • 587-3710
10 Ancient Royal Court
Cody, WY 82414
darmick@wavecom.net
Meetings: 4th Wednesday of each month

Weston County CowBelles
Connie Ertman • 746-4027
123 S. Sumner
Newcastle, WY 82701
Meetings: 3rd Tuesday, Monthly
at noon May installation

**Fremont County - Riverton
CowBelles**
Darla Griffin • 856-1921
1534 17-Mile Rd.
Riverton, WY 82501
Meetings - 1st Wednesday of
month

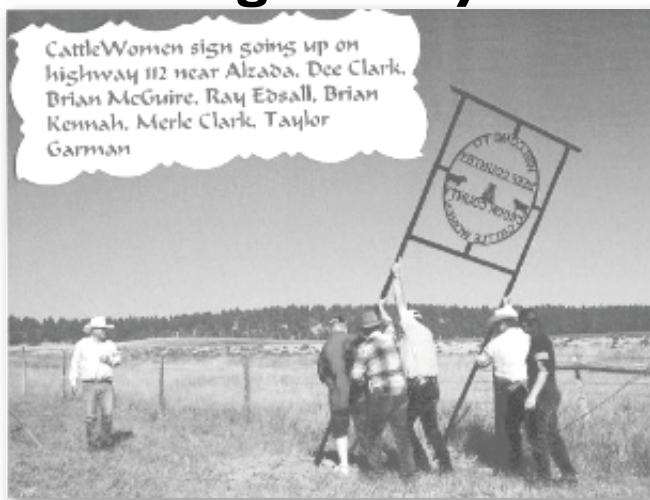
Park County - Meeteetse CowBelles
Lili Turnell • 16 Rd 5RU
Meeteetse, WY 82433
Meetings: 3rd Wednesday of every
other month

**Fremont County - Shoshoni/
Lysite CowBelles**
Peggy Britain • 876-2443
18 Battle Axe Lane
Lysite, WY 82642
peg-brit@trib.com
Meetings: When needed -
Installation - April

**Platte County - Laramie Peak
CattleWomen**
Donita Graves • 322-3344
195 Bordeaux Road
Wheatland, WY 82201
gravesranch@starband.net



The Signs They are a-changin'



Crook County CattleWomen

Crook County CattleWomen's sign was placed on highway 112 by Merle Clark, Ray Edsall, FFA advisor Brian Kennah, FFA members Taylor Garman and Brian McGuire. The three FFA County Chapters cooperated on making this sign.

Laramie County CattleWomen

The Pine Bluffs FFA Chapter in conjunction with the Laramie County Cowbelles recently installed a sign on the Keith Kennedy property just south of Egbert near Interstate 80. The FFA built the sign for the Cowbelles, who wanted to promote the beef industry in the county. FFA members were assisted by Dean Bowman of Allwayz Manufacturing. Helping with the installation were bottom row, from left, Brandon Winter, Jesse Dersham, Stetson Montgomery, Josh Thurin, Callie Capraro, Beth Wood, and Joel Hazelett. Second row, FFA advisor Donn Randall,



Shane Allen, Brock Rocovits, Amanda Mullins, Jessica DeBruyn, Heather Haug and Vanessa Barkell. Third row, Aubrea Howell and Randa May. Top row, Dustin Waddle, Chance Madsen and Kyle May.

2005 Wyoming Stock Growers, Wyoming Wool Growers and Wyoming CattleWomen

Mid-Winter Convention

December, 4th - 7th • Parkway Plaza
Casper, Wyoming

Dec. 5 Wyoming CattleWomen Meeting

8:00 a.m. - General Session

8:30 - 11:40 - Profitability Conference

Noon Luncheon (\$16) includes a Make It Yourself with Wool Fashion Show

1:30 p.m. WCW general business meeting (free)

6:00 p.m. President's Bar and Auction

Registrations are due by November 28th for the luncheon. Send to Wendy Harding • 4408 Rd 232, Meriden, WY 82081

or call her at 307-246-3462 • wlharding@sisna.com

Name: _____ Address: _____

Phone: _____

of tickets: _____ (\$16 for the luncheon)

Wyoming CattleWomen Meeting is free

For room reservations (ask for convention rate) call

1-800-270-7829

